



Juniorette Vision Board Kit



Vision Boards

A vision board is a tool to help you focus on your goals and dreams in life, and to inspire you to make them happen. For example, you might hope to make better grades in school this year, or get cast in the play! If you put images that remind you of these goals on your vision board where you will see them every day, it will be a great reminder to concentrate on the best way to achieve them. The images might encourage you to set down your cell phone and study more for your upcoming test, or turn off the TV so you can practice run lines for the part you really want to get. A vision board is the perfect way to help you decide what's most important to you. It can have more than just goals-- you can put images of things that make you feel happy, loved, inspired, and proud. You might include pictures of your friends and family, or maybe a school assignment you did well on. The content of your vision board is up to you, and just like your future, the sky is the limit.

Materials

- A posterboard
- Old magazines (you can also use personal pictures or pictures printed from the Internet)
- Scissors
- Glue, tape, or pins

Suggestions

In this kit, we're going to give you two ideas for vision boards you can make, and we encourage you to try both!

Personal Vision Board

What are your school, life, and career goals? Create a board that is all about self-empowerment! Choose images that remind you to be your best self and to never give up on your dreams. You can include people or quotes that motivate you, and pictures of your dream job or places you want to visit.

World Vision Board

What do you want the world to look like? Create a board with images and concepts that would make your community better. It can help you decide what next project you want your Juniorette club to work on so that the world is one step closer to your vision!

Our last suggestion is to host a Vision Board Party for the youth in your community! Find a school class, youth center, or other youth organization and offer to visit with all of the supplies they'll need to create their board. It can teach them the importance of having a vision of their future, and inspire them to make that vision come to life.

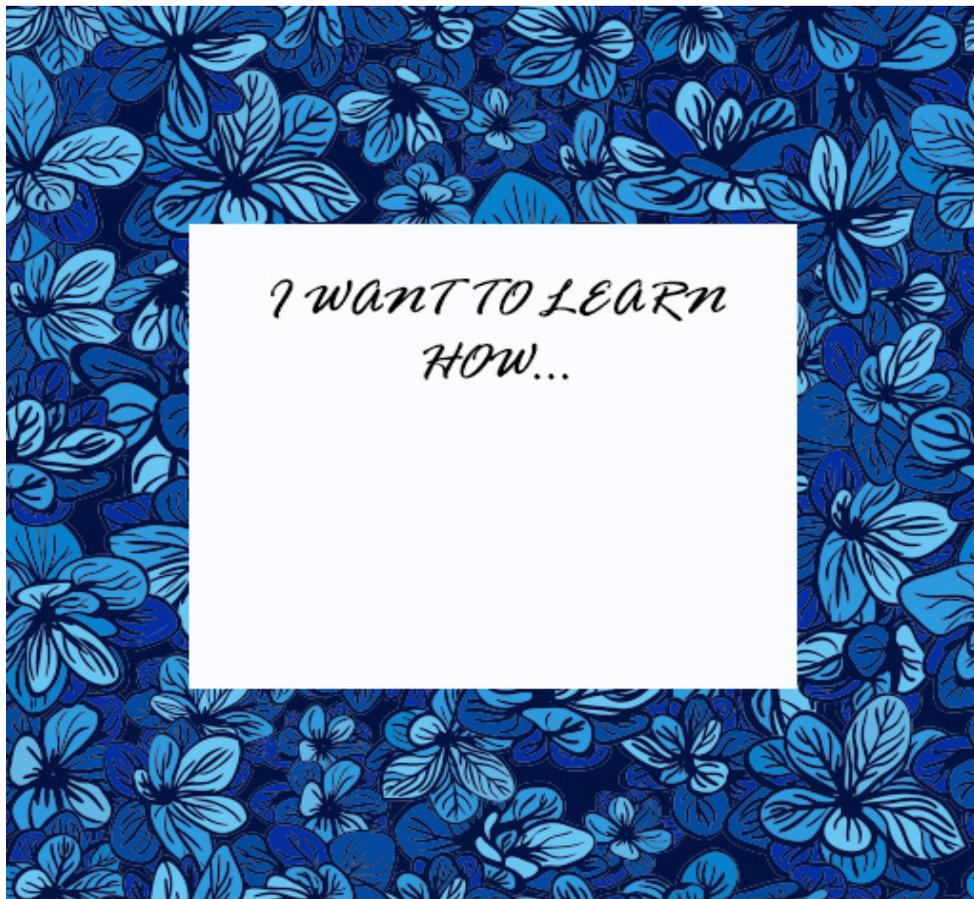
Instructions

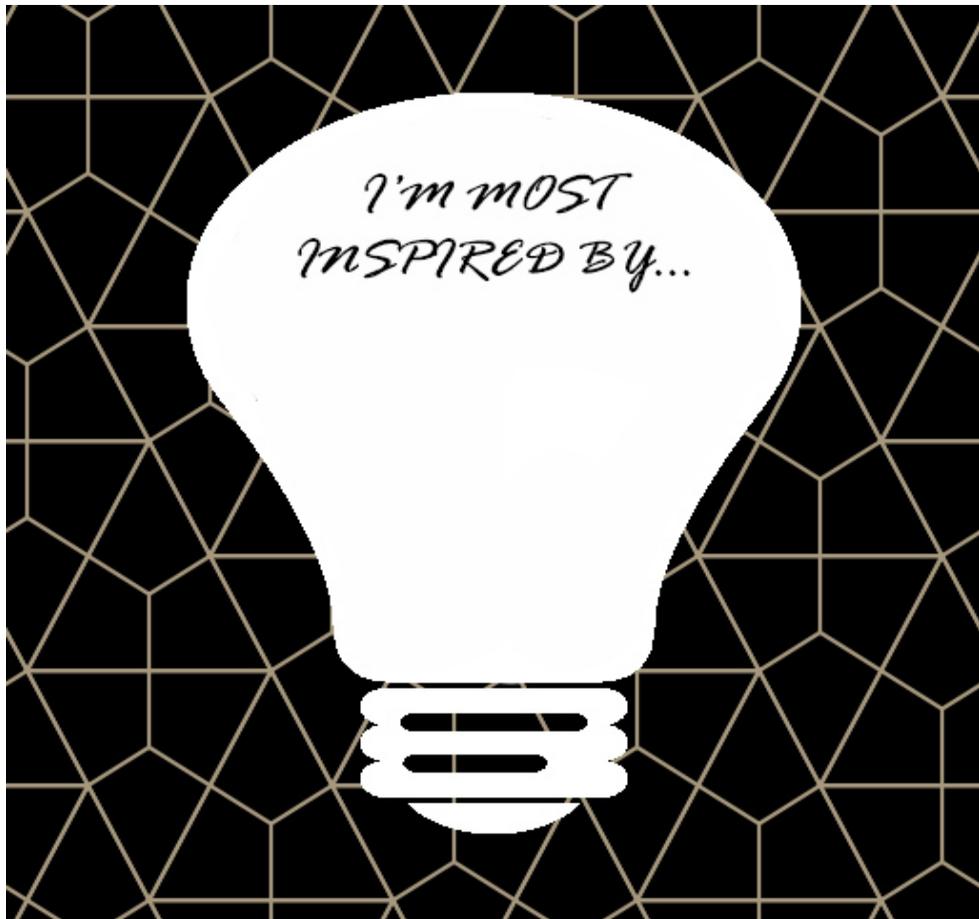
Flip through old magazines and other materials you might have, and cut out images or words that represent the life you want to live, the goals you hope to achieve, or things that make you happy. After you've selected your words and images, figure out the layout on the posterboard. Once you decide, you can start to glue, tape, or pin each image in place. Voila, your vision board is complete! Now you can choose where you want to put it in your room so that you can show it off to the world, but more importantly, so you can be reminded each morning when you wake up what life you want to strive for!

If your Juniorette club makes vision boards, we'd like to see how they came out! Send photos to the GFWC Communications and Public Relations team at pr@gfwc.org

Personal Vision Board Printables

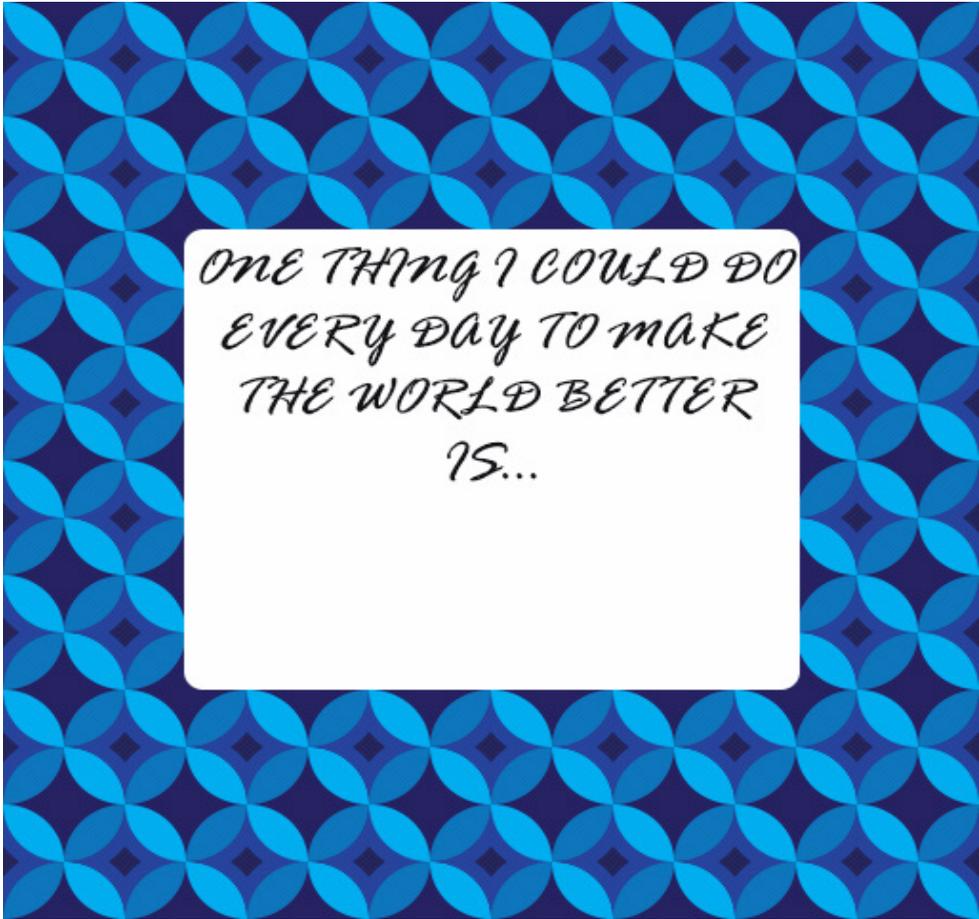
Need help deciding what to put on your board? We have you covered. Print and cut out these designs to help guide your vision board!



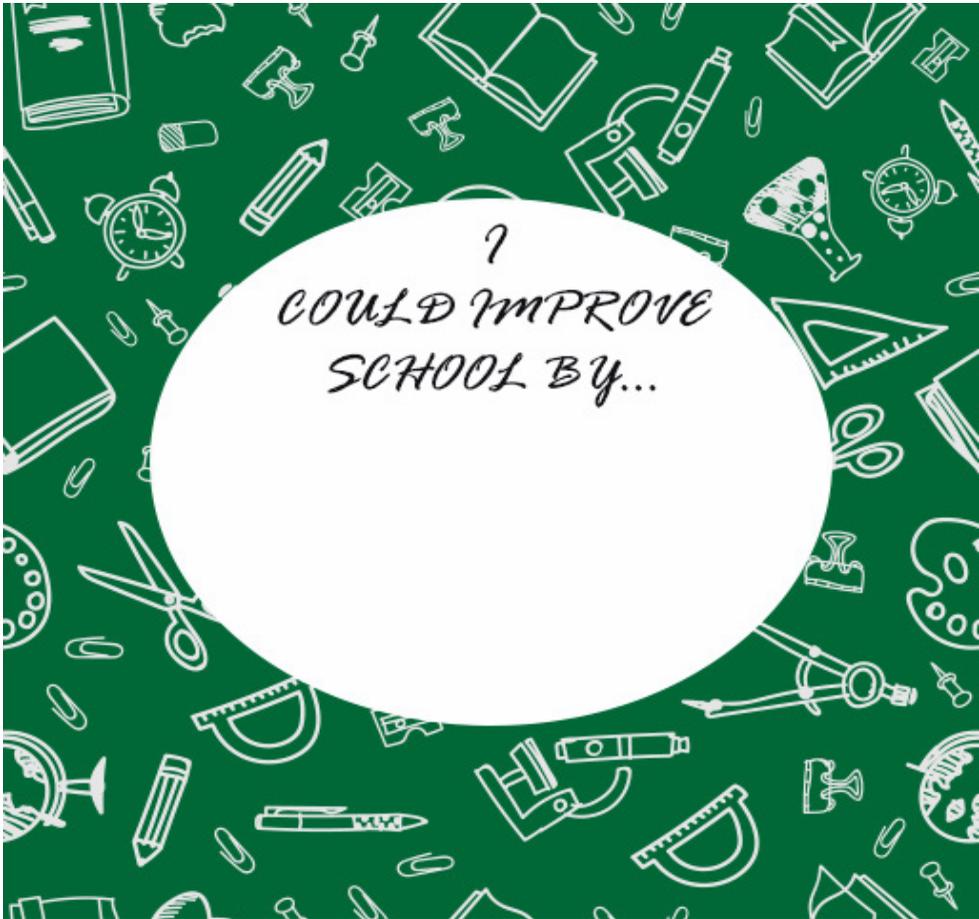


World Vision Board Printables



A background with a repeating geometric pattern of overlapping circles in shades of blue and dark blue.

ONE THING I COULD DO
EVERY DAY TO MAKE
THE WORLD BETTER
IS...

A background with a repeating pattern of white line-art school supplies on a green background, including books, pencils, scissors, and a microscope.

I
COULD IMPROVE
SCHOOL BY...